

FINAL ITINERARY FOR SEP-OCT BIKE TRIP IN NORMANDY

| DATE       | LOCATION                   | DEPART   | MODE  | ACT 011 |    |     | K I L O S                  | COST        | E X P E N S E S |        |       |        |
|------------|----------------------------|----------|-------|---------|----|-----|----------------------------|-------------|-----------------|--------|-------|--------|
|            |                            | ARRIVE   |       | ML/DA   | KM | DA' |                            |             | ITEM            | Francs | \$    | \$ ACC |
| Wed Sep 16 | Carmichael                 | 11:00 AM |       |         |    |     |                            |             | Coffee, Etc     | 29     | \$6   | \$6    |
|            | Sac Airport                | 11:45 AM | Car   |         |    |     |                            |             | Bike Boxes      | 105    | \$22  | \$28   |
|            | Sac Airport                | 1:47 PM  | Plane |         |    |     | AA 592                     |             |                 |        |       | \$28   |
|            | Dallas                     | 7:02 PM  | Plane |         |    |     | AA 592                     |             |                 |        |       | \$28   |
|            | Dallas                     | 8:10 PM  | Plane |         |    |     | AA 78                      |             |                 |        |       | \$28   |
|            | Plane                      |          |       |         |    |     | Spend night on plane       |             |                 |        |       | \$28   |
|            |                            |          |       |         |    |     |                            |             |                 |        |       | \$28   |
| Thu Sep 17 | Gatwick                    | 11:10 AM | Plane |         |    |     | A.A78                      | Pub         | 13              | \$3    |       | \$30   |
|            | Pound Hill                 | 1:00 PM  | Bike  | 0       | 0  | 0   | Barnwood Guest Hotel       | Maps        | 25              | \$5    |       | \$35   |
|            |                            |          |       |         |    |     | Balcombe Road              |             |                 |        |       | \$35   |
|            |                            |          |       |         |    |     | 011 44 293 88 27 09        | Dinner      | 221             | \$45   | \$53  | \$80   |
| Fri Sep 18 |                            |          |       |         |    |     |                            |             |                 |        |       | \$80   |
|            | Pound Hill, B2036,         | 9:00 AM  | Bike  |         |    |     |                            | Hotel       | 445             | \$81   |       | \$161  |
|            | B2110                      |          |       |         | 10 | 10  |                            | Tea         | 38              | \$7    |       | \$168  |
|            | Handcross, A279            |          |       |         | 6  | 16  |                            | Lunch       | 38              | \$7    |       | \$175  |
|            | Lr. Beeding, Crabtree,     |          |       |         | 0  | 16  |                            | Dinner      | 189             | \$34   | \$129 | \$209  |
|            | Cowfold, Henfield, Uppr.   |          |       |         | 19 | 35  |                            | B&B         |                 |        |       | \$209  |
|            | Beeding, Steyning          | 4:00 PM  | Bike  | 30      | 13 | 48  |                            |             |                 |        |       | \$209  |
| Sat Sep 19 | Shoreham, Worthing         |          |       |         |    |     |                            |             |                 |        |       | \$209  |
|            | Worthing, Littlehampton    | 9:00 PM  | Bike  |         | 10 | 10  |                            | B&B         | 302             | \$55   |       | \$264  |
|            | Arundel,                   |          |       |         | 5  | 15  | Arundel Castle             | Pub Lunch   | 60              | \$14   |       | \$278  |
|            | Chichester                 |          |       |         | 23 | 38  | Chichester Cathedral       | Drinks, Etc | 20              | \$12   |       | \$290  |
|            | Funtington, Havant,        |          |       |         | 15 | 53  |                            | Ferry       |                 | \$210  |       | \$499  |
|            | Portsmouth                 | 4:00 PM  | Bike  |         | 8  | 61  |                            |             |                 |        |       | \$499  |
|            | Portsmouth                 | 6:00 PM  | Ferry | 44      |    | 71  |                            |             |                 |        |       | \$499  |
| Sun Sep 20 |                            |          |       |         |    |     |                            |             |                 |        | \$290 | \$499  |
|            | Cherbourg                  | 6:00 AM  | Ferry |         |    |     |                            | Breakfast   | 94              | \$19   |       | \$518  |
|            | Bretteville, D116          |          | Bike  |         | 7  | 7   |                            | Drinks, Etc | 62              | \$12   |       | \$530  |
|            | Fermanville, D116          |          | Bike  |         | 8  | 15  | Cap Levy                   | Lunch       | 105             | \$21   |       | \$551  |
|            | Cosqueville DI 16          |          | Bike  |         | 4  | 19  |                            | Dinner      | 100             | \$20   |       | \$571  |
|            | Gatteville, DI 16          |          | Bike  |         | 12 | 31  | **Pointe de Barfleur       |             |                 |        | \$72  | \$571  |
|            | Barfleur, Crasvillerie, DI |          | Bike  |         | 8  | 39  | Castle                     |             |                 |        |       | \$571  |
| Mon Sep 21 | St. Vaast, DI              | 4:00 PM  | Bike  | 36      | 6  | 45  | Quettehou                  |             |                 |        |       | \$571  |
|            |                            |          |       |         |    |     |                            |             |                 |        |       | \$571  |
|            | St. Vaast, Quettehou       | 9:00 AM  | Bike  |         |    |     |                            | B&B         | 142             | \$28   |       | \$599  |
|            | Quinneville, D14, D421     |          | Bike  |         | 12 | 12  |                            | Lunch       | 58              | \$12   |       | \$611  |
|            | Ravenoville Plage          |          | Bike  |         | 6  | 18  | Utah Beach                 | Drinks, Etc | 31              | \$6    |       | \$617  |
|            | St. Mere Eglise            |          | Bike  |         | 10 | 28  | Eglise Notre-Dame (12-15C) | Dinner      | 208             | \$41   |       | \$658  |
|            | la Madeleine, D421         |          |       |         | 11 | 39  | Place de Republique        |             |                 |        |       | \$658  |
|            | Carentan, D913, N13        |          |       | 34      | 15 | 54  | Hotel de Ville             |             |                 |        | \$87  | \$658  |
|            |                            |          |       |         |    |     |                            |             |                 |        |       | \$658  |
|            |                            |          |       |         |    |     |                            |             |                 |        |       | \$658  |
|            |                            |          |       |         |    |     |                            |             |                 |        |       | \$658  |

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| DATE       | LOCATION                   | DEPART<br>ARRIVE | MODE | ACT 01 KILOS |    |     | SEE/DO/STAY/EAT                      | COST<br>ITEM | E X P E N S E S |      |       |         |
|------------|----------------------------|------------------|------|--------------|----|-----|--------------------------------------|--------------|-----------------|------|-------|---------|
|            |                            |                  |      | ML/DA        | KM | DAY |                                      |              | Francsj         | \$   | y     | \$ ACC  |
| Tue Sep 22 | Carentan                   | 9:00 AM          | Bike |              |    |     |                                      | Hotel        | 296             | \$59 |       | \$717   |
|            | Isigny-s-Mer, D443, N13    |                  | Bike |              | 14 | 14  |                                      | Tea          | 20              | \$4  |       | \$721   |
|            | Grandcamp Maisy            |                  | Bike |              | 10 | 24  |                                      | Lunch        | 102             | \$20 |       | \$741   |
|            | Vierville-s-mer            |                  | Bike |              | 12 | 36  |                                      |              |                 |      |       | \$741   |
|            | **Bayeux D514, D6          | 4:00 PM          |      | 42           | 23 | 59  | **Cliff of Pointe de Hoc             |              |                 |      |       | \$741   |
|            |                            |                  |      |              |    |     | ***Tapestry of Bayeux                |              |                 |      | \$83  | \$741   |
|            |                            |                  |      |              |    |     |                                      |              |                 |      |       | \$741   |
| Wed Sep 23 | **Bayeux                   | 9:00 AM          | Bike |              |    |     |                                      | Hotel        | 354             | \$70 |       | \$811   |
|            | Vaussieux, D126            |                  | Bike |              | 10 | 10  |                                      | Tapestry     | 60              | \$12 |       | \$823   |
|            | Secqueville, D126          |                  | Bike |              | 13 | 23  |                                      | Chateau      | 30              | \$6  |       | \$829   |
|            | Rosel, D126                |                  | Bike |              | 18 | 41  |                                      | Lunch        | 65              | \$13 |       | \$842   |
|            | ***Caen, Local, D60        | 4:00 PM          | Bike |              | 0  | 41  |                                      | Dinner       | 249             | \$49 |       | \$891   |
|            |                            |                  | Bike |              | 3  | 44  |                                      | Snacks       | 41              | \$8  |       | \$899   |
|            |                            |                  | Bike | 23           | 11 | 55  |                                      |              |                 |      | \$159 | \$899   |
| Thu Sep 24 | ***Caen                    | 9:00 AM          |      |              |    |     | *Chateau, Abbaye aux Hommes          | Museum       | 20              | \$4  |       | \$903   |
|            |                            | 4:00 PM          |      |              |    |     | Abbaye aux Dames, Musee de           | Lunch        | 65              | \$13 |       | \$916   |
|            |                            |                  |      |              |    |     | Beaux Arts, Musee de Normandie,      | Drinks, Etc  | 5               | \$1  |       | \$917   |
|            |                            |                  |      |              |    |     | Hotel d'Escoville, 52 and 54 Rue St. | Lunch        | 54              | \$11 |       | \$928   |
|            |                            |                  |      |              |    |     | Pierre                               | Stamps       | 70              | \$14 |       | \$943   |
|            |                            |                  |      |              |    |     |                                      | Dinner       | 101             | \$20 |       | \$963   |
|            |                            |                  |      |              |    |     |                                      | Snacks       | 47.25           | \$10 | \$73  | \$972   |
| Fri Sep 25 | Caen                       | 9:00 AM          | Bike |              |    | 0   |                                      | Hotel        | 450             | \$95 |       | \$1,067 |
|            | lfs, D235                  |                  | Bike |              | 7  | 7   | Scenery along Laize River            | Stamps       | 7               | \$1  |       | \$1,069 |
|            | Fontenay, D235             |                  | Bike |              | 2  | 9   |                                      | Snacks       | 29              | \$6  |       | \$1,075 |
|            | Bretteville, Farm rd, D132 |                  | Bike |              | 2  | 11  |                                      | Drinks, Etc  | 15              | \$3  |       | \$1,078 |
|            | St. Germain, D132, Farm    | Rd               | Bike |              | 2  | 13  |                                      | Lunch        | 102             | \$22 |       | \$1,099 |
|            | *Falaise D237, D6          | 4:00 PM          | Bike |              | 4  | 17  |                                      |              |                 |      |       | \$1,099 |
|            |                            |                  | Bike |              | 15 | 32  |                                      |              |                 |      | \$127 | \$1,099 |
| Sat Sep 26 | Falaise                    | 9:00 AM          |      |              |    |     |                                      | Hotel        | 356             | \$75 |       | \$1,174 |
|            | Versainville, Local Road   |                  | Bike |              | 3  | 3   |                                      | Tea          | 17              | \$4  |       | \$1,178 |
|            | Epaney, D88                |                  | Bike |              | 5  | 8   |                                      | Sights       | 15              | \$3  |       | \$1,181 |
|            | Perneres, D242             |                  | Bike |              | 4  | 12  |                                      | Drinks, Etc  | 7               | \$1  |       | \$1,183 |
|            | Pont deJort, D511          |                  | Bike |              | 5  | 17  |                                      | Lunch        | 50              | \$10 |       | \$1,193 |
|            | St. Pierre, D511           |                  | Bike |              | 6  | 23  |                                      | Petite Trair | 50              | \$11 |       | \$1,204 |
|            | **Lisieux, D511, D182      | 4:00 PM          |      | 31           | 27 | 50  | St. Teresa Basilica, St. Pierre      |              |                 |      | \$104 | \$1,204 |
|            |                            |                  |      |              |    |     | Cathedral (1170-13C), Old            |              |                 |      |       | \$1,204 |
|            |                            |                  |      |              |    |     | Houses, Old Museum                   |              |                 |      |       | \$1,204 |

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|------------|------------------------|------------------|------|--------|-------|----|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-----------------|-------|-------|---------|
|            |                        |                  |      | MI/DAY | KM    | DA |                                                                                                                                                         |              | Francs          | \$    |       | \$ ACC  |
| Sun Sep 27 | **Lisieux              | 9:00 PM          |      |        |       |    |                                                                                                                                                         |              |                 |       |       |         |
|            | Pont-l'Eveque, D48     |                  | Bike |        | 17    | 17 | Flamboyant Church                                                                                                                                       | Hotel        | 572             | \$116 |       | \$1,320 |
|            | Beaumont-en-Auge, D118 |                  | Bike |        | 7     | 24 |                                                                                                                                                         | Tea          | 24              | \$5   |       | \$1,325 |
|            | St. Arnoult, D118      |                  | Bike |        | 6     | 30 |                                                                                                                                                         | Lunch        | 123             | \$25  |       | \$1,350 |
|            | ***Deauville D27       |                  | Bike |        | 4     | 34 | Corniche                                                                                                                                                | Drinks, Etc  | 22              | \$4   |       | \$1,354 |
|            | **Honfleur, D513       | 4:00 PM          | Bike | 33     | 15    | 49 | ***Old Town, ***Old Dock, Folk Art Museum, Maritime Museum                                                                                              | Dinner       | 236             | \$48  |       | \$1,402 |
|            | <b>1</b>               |                  |      |        |       |    |                                                                                                                                                         |              |                 |       | \$199 | \$1,402 |
| Mon Sep 28 | Honfleur               | 9:00 AM          |      |        |       |    |                                                                                                                                                         |              |                 |       |       |         |
|            | Berville-s.-Mer, D312  |                  | Bike |        | 13    | 13 |                                                                                                                                                         | Hotel        | 342             | \$72  |       | \$1,474 |
|            | Foulbec, D312          |                  | Bike |        | 5     | 18 |                                                                                                                                                         | Tea          | 19              | \$4   |       | \$1,478 |
|            | Pont-Audemer, D39      | 4:00 PM          | Bike | 30     | 10    | 28 |                                                                                                                                                         | Snacks       | 68              | \$14  |       | \$1,493 |
|            | Bourneville, D139      |                  |      |        |       |    |                                                                                                                                                         | Drinks, Etc  | 27              | \$6   |       | \$1,498 |
|            | Routot, D90            |                  |      |        |       |    |                                                                                                                                                         |              |                 |       |       | \$1,498 |
|            |                        |                  |      |        |       |    |                                                                                                                                                         |              |                 |       | \$96  | \$1,498 |
| Tue Sep 29 | Routot                 | 9:00 AM          |      |        |       |    |                                                                                                                                                         |              |                 |       |       |         |
|            | Bosgouet, D144         |                  | Bike |        | 23    | 23 |                                                                                                                                                         | Hotel        | 190             | \$40  |       | \$1,538 |
|            | Moulineaux, N175, D3   |                  | Bike |        | 9     | 32 |                                                                                                                                                         | Breakfast    | 26              | \$5   |       | \$1,544 |
|            | ***Rouen               | 4:00 PM          | Bike | 23     | 15    | 47 | Robert-the-Devil's Castle                                                                                                                               | Bread        | 4               | \$1   |       | \$1,544 |
|            |                        |                  |      |        |       |    |                                                                                                                                                         | Lunch        | 124             | \$26  |       | \$1,570 |
|            |                        |                  |      |        |       |    |                                                                                                                                                         | Snacks       | 44              | \$9   |       | \$1,580 |
|            |                        |                  |      |        |       |    |                                                                                                                                                         | Dinner       | 154             | \$32  |       | \$1,612 |
| Wed Sep 30 | ***Rouen               | 9:00 AM          |      |        |       |    | ***Notre Dame Cthdrl (12-13C)                                                                                                                           | Castle       | 30              | \$6   | \$120 | \$1,618 |
|            |                        | 4:00 PM          |      |        |       |    | Church of St. Maclou, Church of St. Ouen, ***Old Rouen, Law Courts, Fine Arts Museum, Ceramics Museum, Wrought Iron Museum, Antique Museum the Corniche |              |                 |       |       | \$1,618 |
|            |                        |                  | Walk |        |       |    |                                                                                                                                                         | Lunch        | 98              | \$21  |       | \$1,639 |
|            |                        |                  |      |        |       |    |                                                                                                                                                         | Museum       | 22              | \$5   |       | \$1,644 |
|            |                        |                  |      |        |       |    |                                                                                                                                                         | Museum       | 22              | \$5   |       | \$1,649 |
|            |                        |                  |      |        |       |    |                                                                                                                                                         | Drinks, Etc  | 20              | \$4   |       | \$1,653 |
|            |                        |                  |      |        |       |    |                                                                                                                                                         | Dinner       | 184             | \$39  |       | \$1,692 |
| Thu Oct 1  | Rouen                  | 9:00 AM          |      |        |       |    |                                                                                                                                                         |              |                 |       |       |         |
|            | Duclair, D982          |                  | Bike |        | 20    | 20 |                                                                                                                                                         |              |                 |       |       | \$1,692 |
|            | Yainville, D982        |                  | Bike |        | 4     | 24 |                                                                                                                                                         |              |                 |       |       | \$1,692 |
|            | ***Jumieges D143       |                  | Bike |        | 4     | 28 | ***Abby                                                                                                                                                 |              |                 |       |       | \$1,692 |
|            | Yainville, D143        | 4:00 PM          | Bike |        | 16    | 44 | *Notre Dame                                                                                                                                             |              |                 |       |       | \$1,837 |
|            | *Caudebec- en Caux     |                  |      | 27     |       |    |                                                                                                                                                         |              |                 |       |       | \$1,837 |
|            |                        |                  |      |        |       |    |                                                                                                                                                         |              |                 |       | \$146 | \$1,837 |

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|-----------|-------------------------|------------------|-------|--------|-------|-----|----------------------|--------------|-----------------|-------|-------|---------|
|           |                         |                  |       | MI/DA' | KM    | DA' |                      |              | Francs          | \$    |       | \$ ACC  |
| Fri Oct 2 | Caudebec en Caux        | 9:00 AM          |       |        |       |     |                      | Hotel        | 467             | \$99  |       | \$1936  |
|           | Lillebonne, Small Roads |                  | Bike  |        | 18    | 18  |                      | Lunch        | 47              | \$10  |       | \$1,946 |
|           | St. Romain, D81         |                  | Bike  |        | 15    | 33  |                      | Drinks, Etc  | 44              | \$9   |       | \$1,956 |
|           | "Le Havre, D81, N15     | 4:00 PM          | Bike  | 45     | 17    | 50  |                      | Dinner       | 195             | \$41  |       | \$1,997 |
|           | Le Havre for            | 6:00 PM          |       |        |       |     |                      |              |                 |       |       | \$1,997 |
|           | Portsmouth              |                  | Ferry |        |       |     |                      |              |                 |       | \$159 | \$1,997 |
| Sat Oct 3 | Portsmouth Terminal     | 6:00 AM          | Ferry |        |       |     |                      | Snacks       |                 | \$5   |       | \$2002  |
|           | Portsmouth Station      | 7:00 AM          | Bike  |        | 3     |     |                      | Lunch        |                 | \$15  |       | \$2,017 |
|           | Havant                  | 8:00AM           | Train |        |       |     |                      | Train        |                 | \$54  |       | \$2,072 |
|           | Petersfield             | 10:00AM          | Bike  | 19     | 27    | 30  |                      |              |                 |       |       | \$2,072 |
|           | Haselmere               | 12:00PM          | Train |        |       |     |                      |              |                 |       |       | \$2,072 |
|           | Pound Hill              | 3:00PM           | Train |        |       |     | Barnwood Guest Hotel |              |                 |       | \$75  | \$2,072 |
| Sun Oct 4 | Pound Hill              |                  |       |        |       |     | Barnwood Guest Hotel | Paper, Book  |                 | \$9   |       | \$2,081 |
|           |                         |                  |       |        |       |     |                      | Magazine     |                 | \$3   |       | \$2,084 |
|           |                         |                  |       |        |       |     |                      | Tape         |                 | \$2   |       | \$2,086 |
|           |                         |                  |       |        | 5     |     |                      | Beer         |                 | \$5   |       | \$2,090 |
|           |                         |                  |       |        |       |     |                      | Lunch        |                 | \$19  |       | \$2,109 |
|           |                         |                  |       |        |       |     |                      | Dinner       |                 | \$29  |       | \$2,138 |
| Mon Oct 5 | Pound Hill              | 9:00 AM          |       |        |       |     |                      |              |                 |       |       | \$661   |
|           | Gatwick                 | 11:00 AM         | Bike  | 5      | 10    | 10  |                      | Hotel        |                 | \$194 |       | \$2,332 |
|           | Gatwick                 | 1:10 PM          | Plane |        |       |     | AA79                 | Gifts        |                 | \$20  |       | \$2,352 |
|           | Dallas                  | 5:15PM           | Plane |        |       |     | AA79                 |              |                 |       | \$214 | \$2,352 |
|           | Dallas                  | 6:32PM           | Plane |        |       |     | AA543                |              |                 |       |       |         |
|           | Sacramento              | 8:02 PM          | Plane |        |       |     |                      | A A 5 4 3    |                 |       |       |         |